

**ANNEXURE-II TO THE G.O. MS.NO.82, SW(EDN.2) DEPARTMENT, DATED:05-06-2018**

**ANNEXURE - II**

**NEW STANDARDIZED NUTRITIOUS MENU FOR POST-MATRIC HOSTELS & RESIDENTIAL SCHOOLS/  
COLLEGES OF ALL WELFARE DEPARTMENTS**

Days	Milk Break	Breakfast	Mid-Morning Snack	Lunch	Evening Snacks	Dinner	Post Dinner Snack
Sunday		Wheat Puri	Groundnut Chikki	Chicken Curry	Ragimalt With Jaggery	Rice	Banana
				Thalimpu Annam		Vankaya Kura	
				Curd		Palakura-Pappu	
				Gongura Chutney		Buttermilk	
Monday	Milk	Boiled Egg	Groundnut Chikki	Aloolguru	Ragimalt With Jaggery	Rice	Banana
		Moong Dal Khichdi		Rice		Dosakaya-Koora	
		With Vegetables		Curd		Thotakura-Pappu	
		Peanut Chutney		Sambhar		Buttermilk	
Tuesday	Milk	Boiled Egg	Groundnut Chikki	Dondakaya-Iguru	Ragimalt With Jaggery	Thalimpu Annam	Banana
		Tamarind Pulihora		Rice		Chicken Curry	
				Curd		Gongura Chutney	
				Sambhar		Buttermilk	
Wednesday	Milk	Boiled Egg	Groundnut Chikki	Bendakaya-Iguru	Ragimalt With Jaggery	Rice	Banana
		Idli		Rice		Aloo Kura	
		Peanut Chutney		Curd		Gongura-Pappu	
				Sambhar		Buttermilk	
Thursday	Milk	Boiled Egg	Groundnut Chikki	Vankaya Iguru	Ragimalt With Jaggery	Rice	Banana
		Wheat Rava Upma		Rice		Sorakaya-Koora	
		Peanut Chutney		Curd		Thotakura-Pappu	
				Sambhar		Buttermilk	
Friday	Milk	Boiled Egg	Groundnut Chikki	Aratikaya-Iguru	Ragimalt With Jaggery	Thalimpu Annam	Banana
		Moong Dal Pongal		Rice		AlooBatani-Kurma	
				Curd		Gongura Chutney	

Days	Milk Break	Breakfast	Mid-Morning Snack	Lunch	Evening Snacks	Dinner	Post Dinner Snack
Saturday	Milk	Boiled Egg	Groundnut Chikki	Cabbage Iguru	Ragimalt With Jaggery	Rice	Banana
		Idli(40G Each)		Rice		Seasonal Vegetables Kura	
		Peanut Chutney		Curd		Gongura-Pappu	
				Sambhar		Buttermilk	

**S.S.RAWAT**  
**PRINCIPAL SECRETARY TO GOVERNMENT**